

THE BALL AND THE PLAYERS

BAD THINGS THE BALL CAN DO	
Hit the floor or walls	Hit the antenna, or cross the net over or outside the antenna
Hit the net cables, poles or stand.	Hit a non-player*
Hit the ceiling after the third hit	Hit the ceiling and go over after the first or second hits
Hit the ceiling on the opponent's side of the court	Go into a non-playable area
Hit a vertical backboard or its supports*	Go under the net
Become motionless in the net, or overhead obstruction*	*May be a replay

BAD THINGS A PLAYER CAN DO WITHOUT THE BALL	
Touch the opponent's court with a body part other than a hand or foot	Touch the opponent's court with a hand or foot that is not partly on or over the center line
Touch the net, except the hair	Go into a non-playable area, except to play the ball with 1 foot on the floor, or after playing the ball in the playable area.
Use the equipment or another player for advantage	Make dangerous contact with the poles or stand.
Delay ending a time out, fail to follow end of game procedure, not play when directed to do so	Act in an unsportsmanlike manner
Touch the ball in the net or partially under it when the opponent has a chance to play it	Delay substitution, not report together on a multiple substitution, sub for the wrong person
Enter the court without proper substitution procedure	Wear illegal equipment or uniform
Screen	At the moment of the serve, be standing out of correct serving order

BAD THINGS A PLAYER CAN DO WITH THE BALL 1

Not serve within 5 seconds	Touch the end line or be outside the side line while contacting the serve
Request a second re-serve in a single player term of service	Hit the serve with other than one hand or forearm (may serve from the hand)
Deliberately serve before the whistle	Serve under the net
Serve over or outside the antenna	Hit the ceiling/backboard with the serve

BAD THINGS A PLAYER CAN DO WITH THE BALL 2

Hit the ball for the fourth time on the team's side	Attack a serve unless the ball is partly below the height of the net
Attack a ball on the opponent's side of the court	Let the ball come visibly to rest on the body, or have prolonged contact
Contact the ball with more than one body part (or twice in succession), unless its simultaneous, during a block, or 1 st hit*	*Unless: (1) on a first hit, and on a single attempt to play the ball
*Unless: (2) it happens during a block	*Unless: (3) it happens after a joust or after they and their teammate have simultaneous contact

BAD THINGS A PLAYER CAN DO WHILE BLOCKING

Block a ball on the opponent's side of the net, unless they have completed their attack (or no one is playing the ball)	Have prolonged contact with the ball
Block a serve	Block a set on the setter's side
A block must be within arm's length of the net, with hands raised above the head, and above the top of the net. A block is to stop the ball from crossing the net or return it, not to attack it.	

BAD THINGS A PLAYER CAN DO WHILE BACKROW

Block a ball or participate in a collective block when a front row player blocks the ball*

Send a ball across the net when the ball was entirely above the height of the net and the player was on or in front of the attack line (the foul occurs when the ball crosses the net, not when the ball is hit)

THINGS A PLAYER CAN DO WITH OR WITHOUT THE BALL

Be across the center line of the court if they are entirely outside the court and not interfering

Set a served ball

Set the first hit and double hit it

Break the plane of the net with their hands while blocking if they do not touch the ball until the attack is complete

Ask a question of an official, if they are the team captain

Catch a bad toss on a serve once per term of service

Use wrist action on a block

Wear a headband, soft wristbands, knee or ankle braces

Joust. No restriction is placed on how long the players may contact a joust.

Play legally off of their shoulder, back, upper arm, chest, head, etc.

Count as one hit a first hit that strikes their body in more than one place

Unintentionally serve the ball before the whistle (no limit on how often)